

What to Pack for the Hospital

- Your photo ID and insurance card.
- Comfortable, clean non-skid supportive shoes which are easy to get on and off.
- A list of your allergies and reactions.
- Glasses, hearing aids, and other personal care items you use daily.
- Comfortable, loose-fitting clothing such as shorts, sweatpants, t-shirts, or knit tops for your hospital stay.
- Leave all unnecessary valuables at home.
- Front-wheeled walker and/or crutches that are labeled with your name.
- Please leave all medications at home unless otherwise directed by our pharmacist.
- Personal items such as a cell phone, tablet, or reading material.
- Copy of your ***Advance Directives, Living Will and/or Durable Power of Attorney for Healthcare**, if you have one. Though not required in order for you to have surgery, they are encouraged. If you do not have this and would like more information, forms are available at OakLeaf Surgical Hospital and our case managers can assist you.

***ADVANCE DIRECTIVES** are printed instructions that communicate a patient's wishes regarding healthcare.

- A. **A Living Will** explains your wishes if you have a terminal condition, irreversible coma, and are unable to communicate.
- B. **Medical Power of Attorney** (sometimes called an **Appointment of Healthcare Agent**) lets you name a person who can make medical decisions for you, if you become unable to do so.
- C. **Healthcare Instructions** are your choices regarding use of life sustaining equipment, whether or not to withhold/withdraw feeding tubes, and/or your decisions regarding pain medications.